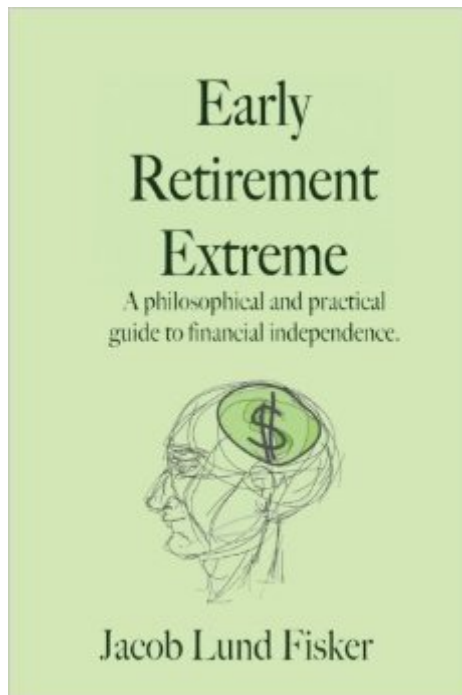


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# Early Retirement Extreme: A Philosophical And Practical Guide To Financial Independence



## Synopsis

A strategic combination of smart financial choices, simple living, and increased self-reliance brought me financial independence at 30 and allowed me to retire from my profession at 33. Early Retirement Extreme shows how I did it and how anyone can formulate their own plan for financial independence. The book provides the principles and framework for a systems theoretical strategy for attaining that independence in 5-10 years. It teaches how a shift in focus from consuming to producing can help people out of the consumer trap, and offers a path to achieving the freedom necessary to pursue interests other than working for a living. The principles in Early Retirement Extreme show how to break the financial chains that hold people back from doing what they truly want to do. The framework has been used by many people over the last few years to accomplish a variety of goals. It provides people a means to achieve almost any goal, whether it's debt-free living, extended travel, a sabbatical, a career change, time off to raise a child, a traditional retirement, or simply a desire for a more resilient and self-sufficient lifestyle. The book was initially written for people in their 20s and 30s, but its ideas aren't limited to early retirees. Middle-aged people in the grips of consumerism can use the principles to take back control of their lives. People closer to retirement age who don't feel adequately prepared can use it to set themselves up for a comfortable retirement in a relatively short period of time. Anyone worried about their financial future can use the principles in Early Retirement Extreme to make their future more secure.

## Book Information

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## Customer Reviews

This book is for anyone who aspires to create a different reality for themselves. If you are

comfortable slaving away at your "career" for the next 40 years, saving 5 to 10 percent of your income with the hopes of one day retiring, then this book is NOT for you. If you work so you can buy things, then work to service the debt required to buy even more things, then this book is NOT for you. However, if you think that the American Dream is alive and well, yet albeit not in the traditional sense, then you need to read this book. If you can be focused, patient and disciplined to attain a goal that is within reach of anyone who wants it, then you need to read this book. If you dare to be different, if you enjoy finding an alternative to the mundane same ol', same ol', then you need to read this book. More specifically, this book is for anyone who is looking for the philosophy of living a different lifestyle, one that frees them from the chains of the typical corporate life. First, let me explain what you will not learn in this book. You will not learn the next great investment strategy. You will not learn how to flip real estate, how to make millions on the Internet or how to turn a small investment in a penny stock into millions. This book is about so much more than getting rich. In fact, it is not even about getting rich, rather it is about becoming wealthy. What you will learn is a philosophy for living detached from the economy. You will learn how to provide for yourself by being efficient and sustainable. You will learn how to change your perspective so that you can see how it is possible to live on less while living more.

Why would a 69 year old retired engineer review an "Early Retirement Extreme" book, well there are several reasons. This is a unusual book, a little hard to do a standard review, like in High School or College. It is a live book, which to me means that sections will be reread several times or scanned for highlighted text. It will go into my books to grow old with library. I believe that most useful ideals in life boil down to what is often called "bumper stickers." These are usually simple saying that reflect cultural beliefs. Two of my bumper stickers are; "There is no predicting how long it takes for the obvious to become apparent." Also "Gold is where you find it." ERE is an attempt to make the obvious apparent for those who read it. I think ERE is Gold. What if an artist, magician, or Harry Houdini wrote a book on how they did what was thought to be impossible for an ordinary person to achieve. ERE is a guide book on how to put together your own life navigation plan, regardless of your age or retirement status. A bit of a Rosetta Stone that translates ones' education, work, training, etc. into a real world plan for living life more efficiently. It is not a list to copy, but a "how to manual" for "how to manuals." I have been reading the ERE blog for over 2 years. The posts flow in a reasoned, logical manner, with complex theories explained, with examples from everyday life. Math avoiding readers would be comfortable reading this blog and this style of writing was extended to the ERE book. I believe ERE will become a classic over the next several years.

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